

The first Popsicle was invented in 1905 by accident! An 11 year old boy left a drink with a stick in it on his porch one night and the next morning he found a frozen pop!



DAILY BREAKFAST CHOICES

Choose up to 2 Grain Choices such as cereal (=1), toast (=1), pancakes (=2), cinnamon Texas toast (=2) OR Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)
Must choose at least
 1: Fruit or Juice
May Choose 1: Milk
 Low Fat White Milk, Fat Free Flavored or Skim Milk

DAILY LUNCH CHOICES:

Choose 1: Entrée
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal)
Available Daily:
 Meatless Entrée, Entrée Salads, Cold Sandwiches, Variety of Fruits & Juices

May Choose: 1 Milk; Low Fat White Milk, Fat Free Chocolate Flavored or Skim Milk

All menus are subject to change.

We do our best to provide our customers with all of our planned options, however, occasionally crops, weather & supplies have other ideas!

August



Mon	Tue	Wed	Thu	Fri
<h1>Summer Vacation!!</h1>				
MY SCHOOL Apps				
1	2	3	4	5
		10	11	12
		Cinnamon Roll <u>Choose One:</u> Beef Dippers w/Rice Stuffed Shells Fruit & Yogurt Plate Ham & Cheese Croissant <u>Choose:</u> Broccoli Sliced Cucumbers	Apple Cinnamon Texas Toast <u>Choose One:</u> Chicken & Waffle Grilled Cheese Cobb Salad Chicken Caesar Wrap <u>Choose:</u> Tomato Soup Mixed or Tossed Salad	Pancake Pup <u>Choose One:</u> Pizza Potato Crusted Fish Sticks & Corn Muffin Chicken Popper Salad Italian Sub <u>Choose:</u> Green Beans Veggie Dippers
15	16	17	18	19
Breakfast Sausage Bagel <u>Choose One:</u> Max Sticks Mandarin Orange Chicken & Rice & Roll Chef Salad Turkey & Cheese Hoagie <u>Choose:</u> Marinara Cup Stir Fry Vegetable Veggie Dippers	Maple Pancake Minis School Favorites Day Corndog Or Cheese Pizza	Chicken Biscuit <u>Choose One:</u> Chicken Drumstick w/ Hush Puppy Macaroni & Cheese Yogurt Parfait Ham & Cheese Croissant <u>Choose:</u> Sweet Potato Waffle Fries Sliced Cucumber	Apple Bosco Stick <u>Choose One:</u> Beef or Pork Tacos Mini Calzones Farmer's Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Refried Fiesta Beans Mixed or Tossed Salad	Egg & Cheese Croissant <u>Choose One:</u> Pizza Fish Cake Sandwich w/Cheese Chicken Caesar Salad Italian Sub <u>Choose:</u> Spinach or Collard Greens Veggie Dippers
22	23	24	25	26
Banana Pancakes <u>Choose One:</u> Hamburger or Cheeseburger Turkey Pot Roast & Noodles w/Roll Veggie Double Dipper Salad Turkey & Cheese Hoagie <u>Choose:</u> Corn Veggie Dippers	Sausage Biscuit <u>Choose One:</u> Featured Entrée: ** Chicken Bacon Sub ** Pepperoni Stromboli Farmer's Salad Jamwich Kit <u>Choose:</u> Carrots Marinara Cup Romaine Side Salad	Glazed WG Dunker <u>Choose One:</u> Chicken Nuggets Spaghetti & Meatballs Hummus Salad Plate Ham & Cheese Croissant <u>Choose:</u> Broccoli Sliced Cucumbers	Bacon Egg & Cheese Pizza <u>Choose One:</u> Breakfast for Lunch Cheesy Bread Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Deli Roasted Potatoes Mixed or Tossed Side Salad	Apple Cinn. Sausage Brk Stick <u>Choose One:</u> Pizza Ocean Treasure Fish Nuggets Chicken Caesar Salad Italian Sub <u>Choose:</u> Baked Beans Veggie Dippers
29	30	31	<div style="border: 2px solid black; padding: 10px;"> <p>Visit nutrislice.com for Menu & Nutrition Information</p>  </div> 	
Blueberry Bash Mini Waffles <u>Choose One:</u> Chicken Sandwich Pizza Crunchers Chef Salad Turkey & Cheese Hoagie <u>Choose:</u> Oven Fries Veggie Dippers	Scrambled Egg Bacon & Biscuit <u>Choose One:</u> Featured Entrée: ** Gilardi Breadstick ** Corndog Farmer's Salad Jamwich Kit <u>Choose:</u> Baked Beans Romaine Salad	Cinnamon Roll <u>Choose One:</u> Beef Dippers w/Rice Stuffed Shells Fruit & Yogurt Plate Ham & Cheese Croissant <u>Choose:</u> Broccoli Sliced Cucumbers		